



Ultimate **COMPENDIUM**

*Reclaim your health
through nature.*



Contents

Nature Provides	3
Cardiovascular System/Lymph System	4
Dental System	6
Digestive System	7
Dismetabolism	10
ENT & Respiratory System (Otorhinolaryngology)	11
Immune System	13
Musculoskeletal System	18
Oncological Support	21
Psychological Aspect & Cognitive Function	22
Reproductive Systems, Hormones & Reproduction System	35
Skin Apparatus	28
Tonics - Antioxidants, Sense Organs, Miscellaneous	29
Toxicosis (Multiple Chemical Sensitivity)	31
Urinary System	32



Nature Provides

Our Foundation

We believe that nature plays a significant role in our healing process.

We believe that plants are our allies in coming back to our health, wholeness and natural healing, as they teach us about homeostasis – a balance in a restful, peaceful relaxing way of BEing, which many of us have lost along our daily path.

We know that this teaching from nature is a starting point – where past, present and future unite in harmony to offer holistic professionals and their patients the best and most credible options that nature provides.

We started with the highest quality, organic concentrated gemmotherapy and continue to broaden our horizons to offer an entire range of certified organic herbal supplements.

You ask, Nature Provides.

What Makes Us *Unique*

Nature Provides offers integrative practitioners a professional line of organic herbal supplements called PSCs (Plant Stem Cells). These products are obtained exclusively from plant buds, rootlets and young shoots, thus defined as gemmotherapy. PSC concentrated plant stem cells are highly potent and enhance the effectiveness of classic herbals.

Concentrated Gemmotherapy's uniqueness lies in the purifying, regenerating and vital energy present in the active principles that originate from the new growth phase of plant stem cells. Its main action is the ability to drain toxins accumulated in the body due to health disorders, poor diet, and environmental pollution, in order to naturally direct them to the excretory organs and move them out of the body.

Metabolic waste puts increased stress on our body, preventing it from carrying out its routine functions and restoring its own levels of physiological wellbeing. Biotherapeutic drainage intervenes by purifying the body and restoring its entire physiological functional balance.

“Humans can't be isolated from nature, their surroundings, their environment, and it is within nature that the key to balance and recovery is universally included.”

– DR. POL HENRY

CARDIOVASCULAR *System/*

LYMPH *System*

HEALTH INTEREST	SINGLES	COMPLEXES
Anemia	<ul style="list-style-type: none"> • Lemon Tree • Tamarisk 	
Arrhythmia	<ul style="list-style-type: none"> • Dogwood • Hawthorn 	<ul style="list-style-type: none"> • BP Balance • Calm Heart • Stress Free
Arteriosclerosis, Peripheral and Cerebral Circulatory Insufficiency	<ul style="list-style-type: none"> • Black Poplar • Horse Chestnut • Judas Tree • Lilac • Maidenhair Tree 	<ul style="list-style-type: none"> • Vein Health
Cardiovascular Insufficiency	<ul style="list-style-type: none"> • Dogwood • Hawthorn • Judas Tree • Lemon Tree • Sweet Chestnut 	<ul style="list-style-type: none"> • Calm Heart • Stress Free
Dizziness	<ul style="list-style-type: none"> • Maidenhair Tree 	
Dyslipidemia: Hypercholesterolemia, Hypertriglyceridemia	<ul style="list-style-type: none"> • Artichoke • Black Mulberry • Dandelion • Juniper • Milk Thistle • Olive 	<ul style="list-style-type: none"> • Liver Detox
Hemorrhoids	<ul style="list-style-type: none"> • Horse Chestnut • Service Tree • Sweet Chestnut 	<ul style="list-style-type: none"> • Vein Health

CARDIOVASCULAR *System/*

LYMPH *System*

(continued)

HEALTH INTEREST	SINGLES	COMPLEXES
Hypertension	<ul style="list-style-type: none"> • Dogwood • Hawthorn • Lemon Tree • Maize • Olive • Periwinkle 	<ul style="list-style-type: none"> • BP Balance • Calm Heart • Stress Free
Phlebitis	<ul style="list-style-type: none"> • Horse Chestnut • Judas Tree • Sweet Chestnut • White Willow 	<ul style="list-style-type: none"> • Lymph Health • Vein Health
Tachycardia	<ul style="list-style-type: none"> • Hawthorn • Lemon Tree • Lilac • Linden Tree 	<ul style="list-style-type: none"> • BP Balance • Calm Heart • Stress Free
Tinnitus	<ul style="list-style-type: none"> • Dog Rose • European Alder • Maidenhair Tree • Rosemary 	
Varicose Veins, Veno-Lymphatic Insufficiency	<ul style="list-style-type: none"> • Dogwood • Horse Chestnut • Lilac • Maidenhair Tree • Service Tree • Sweet Chestnut 	<ul style="list-style-type: none"> • Lymph Health • Vein Health
Water Retention	<ul style="list-style-type: none"> • Holly • Periwinkle • Silver Birch Sap 	

DENTAL *System*

HEALTH INTEREST	SINGLES	COMPLEXES
Herpes	<ul style="list-style-type: none"> • Black Currant • Black Poplar 	<ul style="list-style-type: none"> • B-Healthy • V-Defense (Anew)
Apthous Ulcers	<ul style="list-style-type: none"> • Bilberry • Black Currant • Crab Apple • Fig • Mountain Elm 	<ul style="list-style-type: none"> • V-Defense (Anew)
Post Cavitation	<ul style="list-style-type: none"> • Giant Redwood • Horsetail • Silver Fir 	
Gingivitis	<ul style="list-style-type: none"> • Oak • Propolis 	



DIGESTIVE *System*

HEALTH INTEREST	SINGLES	COMPLEXES
Cholestasis	<ul style="list-style-type: none"> • Artichoke • Ash • Caraway • Dandelion • Hazel • Juniper • Rye • Silver Birch Buds 	<ul style="list-style-type: none"> • Liver Detox • Total Body Detox
Chronic intestinal diseases	<ul style="list-style-type: none"> • Artichoke • Bilberry • Crab Apple • Walnut • Wormwood • Yarrow 	<ul style="list-style-type: none"> • Para Cleanse (Cleanse Your Gut)
Colitis	<ul style="list-style-type: none"> • Artichoke • Bilberry • Black Poplar • Crab Apple • Dandelion • Fig • Maize • Wormwood 	<ul style="list-style-type: none"> • Para Cleanse (Cleanse Your Gut)
Diarrhea	<ul style="list-style-type: none"> • Artichoke • Black Poplar • Crab Apple • Dandelion • Maize • Walnut • Wormwood 	<ul style="list-style-type: none"> • Para Cleanse (Cleanse Your Gut)

DIGESTIVE *System*

(continued)

HEALTH INTEREST	SINGLES	COMPLEXES
Dysbiosis	<ul style="list-style-type: none"> • Artichoke • Bilberry • Black Poplar • Maize • Walnut • Wormwood • Yarrow 	<ul style="list-style-type: none"> • Para Cleanse (Cleanse Your Gut)
Gallbladder disease	<ul style="list-style-type: none"> • Artichoke • Ash • Dandelion • Hazel • Juniper • Rye • Silver Birch Buds 	<ul style="list-style-type: none"> • Liver Detox • Total Body Detox
Gallstones	<ul style="list-style-type: none"> • Artichoke • Ash • Dandelion • Hazel • Hedge Maple • Juniper • Rye • Silver Birch Buds 	<ul style="list-style-type: none"> • Liver Detox • Total Body Detox
Gastritis	<ul style="list-style-type: none"> • Artichoke • Caraway • Fig • Holly • Marigold • Periwinkle 	<ul style="list-style-type: none"> • Digestive Health
Gastroesophageal Reflux	<ul style="list-style-type: none"> • Artichoke • Fig • Marigold 	<ul style="list-style-type: none"> • Digestive Health

DIGESTIVE *System*

(continued)

HEALTH INTEREST	SINGLES	COMPLEXES
Heliobacter Pylori Infections	<ul style="list-style-type: none"> • Artichoke • Fig 	<ul style="list-style-type: none"> • Digestive Health • Para Cleanse (Cleanse Your Gut)
Hemorrhoids, Fissures	<ul style="list-style-type: none"> • Horse Chestnut • Service Tree • Sweet Chestnut 	<ul style="list-style-type: none"> • Vein Health
Intestinal Parasitosis	<ul style="list-style-type: none"> • Artichoke • Black Poplar • Maize • Wormwood • Walnut • Yarrow 	<ul style="list-style-type: none"> • Para Cleanse (Cleanse Your Gut)
Liver Disease, Liver Failure	<ul style="list-style-type: none"> • Artichoke • Dogwood • Hedge Maple • Juniper • Rosemary 	<ul style="list-style-type: none"> • Liver Detox • Total Body Detox
Gas and Bloating	<ul style="list-style-type: none"> • Caraway • Crab Apple • Juniper • Lemon Tree • Rosemary 	<ul style="list-style-type: none"> • Digestive Health • Para Cleanse (Cleanse Your Gut)
Nausea, Motion Sickness	<ul style="list-style-type: none"> • Fig 	<ul style="list-style-type: none"> • Rebound
Pancreatitis, Pancreatic Insufficiency, Insulin Resistance	<ul style="list-style-type: none"> • Artichoke • Ash • Black Mulberry • Dandelion • Hazel • Juniper • Rye • Silver Birch Buds 	<ul style="list-style-type: none"> • Liver Detox • Total Body Detox

DISMETABOLISM

DISMETABOLISM WEIGHT CONTROL	SINGLES	COMPLEXES
Obesity	<ul style="list-style-type: none"> • Silver Birch Sap • Sweet Chestnut 	
Cellulite	<ul style="list-style-type: none"> • Silver Birch Sap • Sweet Chestnut 	
Dyslipidemia, Hypercholesterolemia, Hypertriglyceridemia	<ul style="list-style-type: none"> • Artichoke • Crab Apple • Grape Vine • Hazel • Hedge Maple • Lemon Tree • Olive • Rosemary • Sweet Almond • Wheatgrass 	
Water retention	<ul style="list-style-type: none"> • Crab Apple • Juniper • Silver Birch Buds • Silver Birch Sap 	<ul style="list-style-type: none"> • Total Body Detox



ENT & RESPIRATORY *System*

(Otorhinolaryngology)

HEALTH INTEREST	SINGLES	COMPLEXES
Allergies	<ul style="list-style-type: none"> • Beech • Black Currant • Black Poplar • Dog Rose • Hornbeam 	<ul style="list-style-type: none"> • Allergy Lift
Allergic Rhinitis	<ul style="list-style-type: none"> • Beech • Black Currant • Black Poplar • Dog Rose • Hornbeam • Stinging Nettle 	<ul style="list-style-type: none"> • Allergy Lift
Asthma, Breathing Difficulties	<ul style="list-style-type: none"> • Black Currant • Black Elder • Black Poplar • Elecampane • Hazel • Wayfaring Tree 	<ul style="list-style-type: none"> • Allergy Lift • Breathe Easy
Chronic Lung Pathologies	<ul style="list-style-type: none"> • Black Currant • Black Elder • Black Poplar • Elecampane • Grey Alder • Plantain • Wayfaring Tree 	<ul style="list-style-type: none"> • Allergy Lift • Breathe Easy
Cough	<ul style="list-style-type: none"> • Cramp Bark • Elecampane • Hazel • Purple Coneflower • Wayfaring Tree 	<ul style="list-style-type: none"> • B-Healthy • Cough Ease



ENT & RESPIRATORY *System*

(Otorhinolaryngology) (continued)

HEALTH INTEREST	SINGLES	COMPLEXES
Ear infection	<ul style="list-style-type: none"> • Black Currant • Dog Rose 	<ul style="list-style-type: none"> • B-Healthy
Pharyngolaryngitis	<ul style="list-style-type: none"> • Black Currant • Dog Rose • Propolis • Purple Coneflower 	<ul style="list-style-type: none"> • B-Healthy • V-Defense
Sinusitis	<ul style="list-style-type: none"> • Black Currant • Dog Rose • Grey Alder • Hornbeam • Purple Coneflower 	<ul style="list-style-type: none"> • Breathe Easy • Sinus Health
Tinnitus	<ul style="list-style-type: none"> • Dog Rose • European Alder • Maidenhair Tree • Rosemary 	
Tonsillitis	<ul style="list-style-type: none"> • Black Currant • Dog Rose • Propolis • Purple Coneflower 	<ul style="list-style-type: none"> • B-Healthy • V-Defense

IMMUNE *System*

INFLAMMATION INFECTION		
IMMUNE SYSTEM INFLAMMATION INFECTION	SINGLES	COMPLEXES
Bacterial infections	<ul style="list-style-type: none"> • Black Currant • Black Poplar • Purple Coneflower • Walnut 	<ul style="list-style-type: none"> • B-Healthy • Immune Health
Cough	<ul style="list-style-type: none"> • Cramp Bark • Hazel • Purple Coneflower 	<ul style="list-style-type: none"> • B-Healthy • Cough Ease
Ear infection	<ul style="list-style-type: none"> • Black Currant • Boxwood • Dog Rose • Purple Coneflower • Silver Fir 	<ul style="list-style-type: none"> • B-Healthy • Immune Health • V-Defense
Flu	<ul style="list-style-type: none"> • Black Currant • Boxwood • Dog Rose • Propolis • Purple Coneflower • Silver Fir 	<ul style="list-style-type: none"> • B-Healthy • Immune Health • V-Defense
Immune support	<ul style="list-style-type: none"> • Black Currant • Black Elder • Blackthorn • Boxwood • Dog Rose • Purple Coneflower • Silver Fir 	<ul style="list-style-type: none"> • B-Healthy • Immune Health
Inflammation	<ul style="list-style-type: none"> • Black Currant • Boxwood • Dog Rose • Purple Coneflower • Silver Fir 	<ul style="list-style-type: none"> • B-Healthy • V-Defense

IMMUNE System

(continued)

INFLAMMATION INFECTION		
IMMUNE SYSTEM INFLAMMATION INFECTION	SINGLES	COMPLEXES
Pollinosis, allergic rhinitis	<ul style="list-style-type: none"> • Beech • Black Currant • Black Poplar • Dog Rose • Hornbeam • Stinging Nettle 	<ul style="list-style-type: none"> • Allergy Lift
Polyarthrits	<ul style="list-style-type: none"> • Ash • Black Currant • Grape Vine • Scotch Pine 	<ul style="list-style-type: none"> • Joint Health
Sinusitis	<ul style="list-style-type: none"> • Black Currant • Dog Rose • Purple Coneflower 	<ul style="list-style-type: none"> • Breathe Easy • Sinus Health
Tonsillitis	<ul style="list-style-type: none"> • Black Currant • Dog Rose • Propolis • Purple Coneflower • Walnut 	<ul style="list-style-type: none"> • B-Healthy • V-Defense
Tracheobronchitis	<ul style="list-style-type: none"> • Black Currant • Black Poplar • Purple Coneflower 	<ul style="list-style-type: none"> • B-Healthy • Cough Ease
Urethritis	<ul style="list-style-type: none"> • Cowberry • Crab Apple • Heather • Juniper • Rosemary • Silver Birch Sap 	<ul style="list-style-type: none"> • Urinary Health

IMMUNE *System*

(continued)

INFLAMMATION INFECTION		
IMMUNE SYSTEM INFLAMMATION INFECTION	SINGLES	COMPLEXES
Vaginal infections and mycoses	<ul style="list-style-type: none">• Beech• Cowberry• Cramp Bark• Heather• Juniper• Walnut	<ul style="list-style-type: none">• B-Healthy• Urinary Health
Viral infections	<ul style="list-style-type: none">• Black Currant• Black Elder• Black Poplar• Blackthorn• Propolis• Purple Coneflower	<ul style="list-style-type: none">• B-Healthy• V-Defense



IMMUNE *System*

(continued)

ALLERGIES - ATOPY - INTOLERANCES		
IMMUNE SYSTEM, ALLERGIES - ATOPY - INTOLERANCES	SINGLES	COMPLEXES
Allergies and atopic syndromes	<ul style="list-style-type: none"> • Beech • Black Currant • Black Poplar • Dog Rose • Hornbeam • Stinging Nettle 	<ul style="list-style-type: none"> • Allergy Lift
Asthma	<ul style="list-style-type: none"> • Beech • Black Currant • Black Poplar • Dog Rose • Hornbeam 	<ul style="list-style-type: none"> • Allergy Lift • Breathe Easy
Dermatoses and dermatitis	<ul style="list-style-type: none"> • Cedar of Lebanon • Mountain Elm 	<ul style="list-style-type: none"> • Clear Skin • Love Your Skin
Diarrhea	<ul style="list-style-type: none"> • Bilberry • Walnut • Wormwood 	<ul style="list-style-type: none"> • Para Cleanse (Cleanse Your Gut)
Dysbiosis	<ul style="list-style-type: none"> • Bilberry • Black Currant • Caraway • Walnut • Wormwood 	<ul style="list-style-type: none"> • Para Cleanse (Cleanse Your Gut)
Immune support	<ul style="list-style-type: none"> • Black Currant • Blackthorn • Purple Coneflower 	<ul style="list-style-type: none"> • B-Healthy • Immune Health

IMMUNE *System*

(continued)

ALLERGIES - ATOPY - INTOLERANCES		
IMMUNE SYSTEM, ALLERGIES - ATOPY - INTOLERANCES	SINGLES	COMPLEXES
Immune support	<ul style="list-style-type: none"> • Black Currant • Blackthorn • Purple Coneflower 	<ul style="list-style-type: none"> • B-Healthy • Immune Health
Gas and Bloating (Dyspepsia)	<ul style="list-style-type: none"> • Bilberry 	<ul style="list-style-type: none"> • Para Cleanse (Cleanse Your Gut)
Sinusitis	<ul style="list-style-type: none"> • Beech • Black Currant • Dog Rose • Purple Coneflower 	<ul style="list-style-type: none"> • Breathe Easy • Sinus Health

MUSCULOSKELETAL *System*

MUSCULOSKELETAL SYSTEM	SINGLES	COMPLEXES
Osteoarthritis	<ul style="list-style-type: none"> • Arnica • Ash • Giant Redwood • Grapevine • Maritime Pine • Mountain Pine • Scotch Pine • Silver Fir • Virginia Creeper • White Birch Flowers Male Catkins • White Willow 	<ul style="list-style-type: none"> • Joint Health
Arthritis-Periarthritis	<ul style="list-style-type: none"> • Ash • Black Currant • Grape Vine • Maritime Pine • Mountain Pine • Scotch Pine • Virginia Creeper • White Willow 	<ul style="list-style-type: none"> • Joint Health
Bursitis and Synovitis	<ul style="list-style-type: none"> • Arnica • Ash • Black Currant • Giant Redwood • Maritime Pine • Silver Fir • Virginia Creeper • White Willow 	<ul style="list-style-type: none"> • Joint Health

MUSCULOSKELETAL

System

(continued)

MUSCULOSKELETAL SYSTEM	SINGLES	COMPLEXES
Fibromyalgia	<ul style="list-style-type: none"> • Ash • Black Currant • Grapevine • Maritime Pine • Rhodiola • Virginia Creeper • White Birch Flowers Male Catkins • White Willow 	<ul style="list-style-type: none"> • Betulin Concentrate • Joint Health
Headache	<ul style="list-style-type: none"> • Dog Rose • European Alder • Nigella • White Willow 	
Inflammation	<ul style="list-style-type: none"> • Black Currant • Elecampane • Grey Alder • Maritime Pine • Mountain Pine • Scotch Pine • White Willow 	<ul style="list-style-type: none"> • Betulin Concentrate
Osteoporosis	<ul style="list-style-type: none"> • Horsetail • Maritime Pine • Mountain Pine • Scotch Pine • Silver Birch Seeds • Silver Fir • White Birch Buds 	

MUSCULOSKELETAL *System*

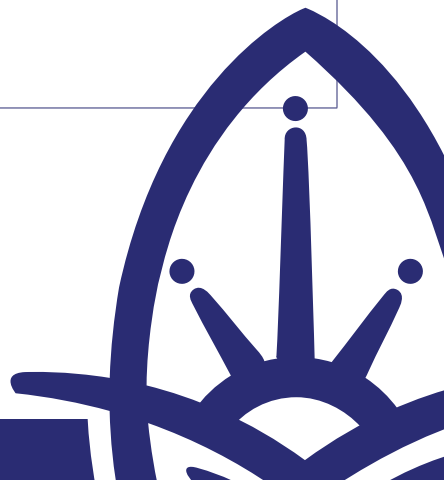
(continued)

MUSCULOSKELETAL SYSTEM	SINGLES	COMPLEXES
Polyarthritis	<ul style="list-style-type: none"> • Ash • Black Currant • Grape Vine • Maritime Pine • Mountain Pine • Scotch Pine • Silver Birch Seeds • White Willow 	<ul style="list-style-type: none"> • Joint Health
Sport and physical activity	<ul style="list-style-type: none"> • Ash • Black Currant • Grape Vine • Maritime Pine • Rhodiola • Virginia Creeper 	<ul style="list-style-type: none"> • Joint Health • Total Body Detox • Youthful Glow



ONCOLOGICAL *Support*

ONCOLOGICAL SUPPORT	SINGLES	COMPLEXES
Basic treatment	<ul style="list-style-type: none"> • Mistletoe • Purple Coneflower • Rhodiola • Sweet Almond • White Birch Buds 	<ul style="list-style-type: none"> • Betulin Concentrate
Chemotherapy treatment	<ul style="list-style-type: none"> • Dandelion • Lemon Tree • Milk Thistle • Mistletoe • Silver Birch Buds • Silver Fir • Sweet Almond • White Birch Buds 	<ul style="list-style-type: none"> • Be Lively • Betulin Concentrate
Maintenance and prevention	<ul style="list-style-type: none"> • Lemon Tree • Mistletoe • Purple Coneflower • Rhodiola • Silver Birch Buds • Silver Fir • St. John's Wort • Sweet Almond • White Birch Buds 	<ul style="list-style-type: none"> • Betulin Concentrate • Immune Health • Lymph Health
Radiotherapy treatment	<ul style="list-style-type: none"> • Dandelion • Lemon Tree • Milk Thistle • Mistletoe • Silver Birch Buds • Silver Fir • Sweet Almond • White Birch Buds • Yarrow 	<ul style="list-style-type: none"> • Be Lively • Betulin Concentrate



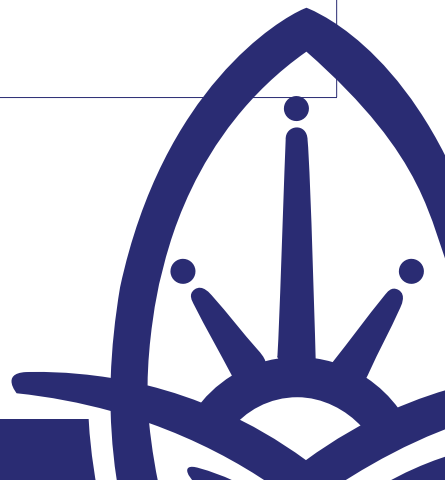
PSYCHOLOGICAL *Aspect* & COGNITIVE *Function*

PSYCHOLOGICAL ASPECT	SINGLES	COMPLEXES
Anxiety, Panic attacks	<ul style="list-style-type: none"> • California Poppy • Fig • Hops • Linden Tree • Passion Flower • Sour Cherries • Valerian 	<ul style="list-style-type: none"> • Deep Sleep
Depression, melancholy	<ul style="list-style-type: none"> • Black Currant • Blackthorn • Lemon TreeLinden Tree • Passionflower • Rhodiola • Silver Birch Seeds • St. John's Wort 	<ul style="list-style-type: none"> • Stress Free
Headache	<ul style="list-style-type: none"> • Dog Rose • European Alder • Linden Tree • Nigella • White Willow 	
Hysteria	<ul style="list-style-type: none"> • California Poppy • Fig • Hops • Linden Tree • Passion Flower • Sour Cherries • Valerian 	<ul style="list-style-type: none"> • Deep Sleep

PSYCHOLOGICAL *Aspect* & COGNITIVE *Function*

(continued)

PSYCHOLOGICAL ASPECT	SINGLES	COMPLEXES
Insomnia	<ul style="list-style-type: none"> • California Poppy • Fig • Hops • Linden Tree • Passion Flower • Sour Cherries • Valerian 	<ul style="list-style-type: none"> • Deep Sleep
Cognitive Impairment	<ul style="list-style-type: none"> • Blackthorn • European Alder • Eyebright • Linden Tree • Maidenhair Tree • Olive • Periwinkle • Rhodiola • Rosemary 	
COGNITIVE FUNCTION	SINGLES	COMPLEXES
Brain Fog	<ul style="list-style-type: none"> • Eyebright • Linden Tree • Maidenhair Tree 	
Alzheimers/Dementia	<ul style="list-style-type: none"> • Eyebright • Linden Tree • Maidenhair Tree 	



REPRODUCTIVE SYSTEMS, HORMONES & REPRODUCTION *System*

MALE GENITAL SYSTEM		
MALE GENITAL SYSTEM	SINGLES	COMPLEXES
Impotence and erectile dysfunction	<ul style="list-style-type: none"> • Black Currant • Black Poplar • Horse Chestnut • Oak • Rhodiola • Rosemary 	<ul style="list-style-type: none"> • Prostate Health • Stress Free • Vein Health
Prostatic hypertrophy, Prostatitis	<ul style="list-style-type: none"> • Black Currant • Chaste Tree • Giant Redwood • Horsetail 	<ul style="list-style-type: none"> • Prostate Health

FEMALE GENITAL SYSTEM		
FEMALE GENITAL SYSTEM	SINGLES	COMPLEXES
Amenorrhea	<ul style="list-style-type: none"> • Black Currant • Chaste Tree • Marigold • Raspberry 	
Climacteric-Menopause	<ul style="list-style-type: none"> • Black Currant • Chaste Tree • Raspberry 	<ul style="list-style-type: none"> • Change of Life • HPO Balance
Dysmenorrhea, Premenstrual Syndrome	<ul style="list-style-type: none"> • Black Currant • Chaste Tree • Marigold • Raspberry • Yarrow 	<ul style="list-style-type: none"> • Change of Life • HPO Balance



REPRODUCTIVE SYSTEMS, HORMONES & REPRODUCTION *System*

(continued)

FEMALE GENITAL SYSTEM		
FEMALE GENITAL SYSTEM	SINGLES	COMPLEXES
Infertility	<ul style="list-style-type: none"> • Black Currant • Chaste Tree • Raspberry • Yarrow 	<ul style="list-style-type: none"> • HPO Balance • Stress Free
Menorrhagia, Metrorrhagia	<ul style="list-style-type: none"> • Black Currant • Chaste Tree • Raspberry 	
PREGNANCY AND BREASTFEEDING		
PREGNANCY AND BREASTFEEDING	SINGLES	COMPLEXES
Backache	<ul style="list-style-type: none"> • Ash • Black Currant • Maritime Pine • White Willow 	<ul style="list-style-type: none"> • Joint Health
Cholestasis of pregnancy	<ul style="list-style-type: none"> • Artichoke • Dandelion • Milk Thistle • Rosemary 	<ul style="list-style-type: none"> • Liver Detox



REPRODUCTIVE SYSTEMS, HORMONES & REPRODUCTION *System*

(continued)

PREGNANCY AND BREASTFEEDING		
PREGNANCY AND BREASTFEEDING	SINGLES	COMPLEXES
Gastroesophageal reflux	<ul style="list-style-type: none"> • Caraway • Fig • Linden Tree • Purple Coneflower • Rosemary 	<ul style="list-style-type: none"> • Digestive Health
Hypertension	<ul style="list-style-type: none"> • Hawthorn • Lemon Tree • Lilac • Olive • Sweet Almond 	<ul style="list-style-type: none"> • BP Balance
Nausea	<ul style="list-style-type: none"> • European Alder • Fig • Giant Redwood • Linden Tree • Sour Cherries 	
HORMONES & ANTI AGING		
HORMONE SYSTEM AND AGING	SINGLES	COMPLEXES
Amenorrhea	<ul style="list-style-type: none"> • Bramble • Chaste Tree • Cowberry • Yarrow 	



REPRODUCTIVE SYSTEMS, HORMONES & REPRODUCTION *System*

(continued)

HORMONES & ANTI AGING		
HORMONE SYSTEM AND AGING	SINGLES	COMPLEXES
Andropause	<ul style="list-style-type: none"> • Oak 	<ul style="list-style-type: none"> • Prostate Health
Cellulite	<ul style="list-style-type: none"> • Silver Birch Sap • Sweet Chestnut 	
Climaterio-menopause	<ul style="list-style-type: none"> • Black Currant • Bramble • Chaste Tree • Raspberry • Yarrow 	<ul style="list-style-type: none"> • Change of Life • HPO Balance
Dysmenorrhea, premenstrual syndrome	<ul style="list-style-type: none"> • Black Currant • Bramble • Chaste Tree • Raspberry • Yarrow 	
Osteoporosis	<ul style="list-style-type: none"> • Giant Redwood • Horsetail • Mountain Pine • Silver Fir 	
Overweight obesity	<ul style="list-style-type: none"> • Black Mulberry • Silver Birch Sap 	

SKIN *Apparatus*

SKIN APPARATUS	SINGLES	COMPLEXES
Acne, furunculosis	<ul style="list-style-type: none"> • Black Currant • Elm • Primworth • Walnut 	<ul style="list-style-type: none"> • Clear Skin • Love Your Skin
Cellulite	<ul style="list-style-type: none"> • Ash • Black Currant • Hazel • Horse Chestnut • Silver Birch Sap 	
Dermatoses and dermatitis	<ul style="list-style-type: none"> • Black Currant • Cedar of Lebanon • Holly • Mountain Elm • Plantain 	<ul style="list-style-type: none"> • Clear Skin • Love Your Skin
Psoriasis	<ul style="list-style-type: none"> • Black Currant • Cedar of Lebanon • Plantain 	<ul style="list-style-type: none"> • Clear Skin • Love Your Skin
Aging skin	<ul style="list-style-type: none"> • Cedar of Lebanon • Crab Apple • Maidenhair Tree 	<ul style="list-style-type: none"> • Youthful Glow



TONICS - ANTIOXIDANTS, SENSE ORGANS,

Miscellaneous

TONICS - ANTIOXIDANTS, SENSE ORGANS, MISCELLANEOUS	SINGLES	COMPLEXES
Fatigue	<ul style="list-style-type: none"> • Black Currant • Blackthorn • Giant Redwood • Oak • Rosemary 	<ul style="list-style-type: none"> • Be Lively
Influence	<ul style="list-style-type: none"> • Black Currant • Black Elder • Black Poplar • Horse Chestnut 	<ul style="list-style-type: none"> • B-Healthy • Breathe Easy • Cough Ease
Migraine	<ul style="list-style-type: none"> • Dog Rose • European Alder • Hemp • Nigella • White Willow 	
Motion sickness	<ul style="list-style-type: none"> • European Alder • Giant Redwood • Linden Tree • Sour Cherries 	<ul style="list-style-type: none"> • Digestive Health
Nausea	<ul style="list-style-type: none"> • European Alder • Fig • Giant Redwood • Linden Tree • Sour Cherries 	
Aches and pains	<ul style="list-style-type: none"> • Black Currant • Boxwood • Hemp • Silver Fir • White Birch Flowers Male Catkins • White Willow 	<ul style="list-style-type: none"> • Betulin Concentrate • Joint Health

TONICS - ANTIOXIDANTS, SENSE ORGANS,

Miscellaneous

(continued)

TONICS - ANTIOXIDANTS, SENSE ORGANS, MISCELLANEOUS	SINGLES	COMPLEXES
Stimulation of cognitive functions, Memory impairment, Difficulty in attention	<ul style="list-style-type: none"> • European Alder • Hemp • Maidenhair Tree • Olive • Rosemary • Silver Birch Seeds 	
Temperature	<ul style="list-style-type: none"> • Black Currant • Hedge Maple • White Willow 	<ul style="list-style-type: none"> • B-Healthy
Tinnitus	<ul style="list-style-type: none"> • Maidenhair Tree • Rosemary 	
Eyes and sight	<ul style="list-style-type: none"> • Bilberry • Eyebright 	<ul style="list-style-type: none"> • Crystal Clear



TOXICOSIS

(Multiple Chemical Sensitivity)

TOXICOSIS (MULTIPLE CHEMICAL SENSITIVITY)	SINGLES	COMPLEXES
Environmental Toxicity	<ul style="list-style-type: none">• Artichoke• Ash• Black Currant• Dandelion• Hazel• Juniper• Lemon Tree• Milk Thistle• Rosemary• Silver Birch Buds• Silver Birch Sap	<ul style="list-style-type: none">• Liver Detox• Total Body Detox• Urinary Health• Youthful Glow



URINARY *System*

URINARY SYSTEM	SINGLES	COMPLEXES
Cystitis	<ul style="list-style-type: none"> • Cowberry • Crab Apple • Juniper • Rosemary • Silver Birch Sap • Walnut 	<ul style="list-style-type: none"> • Urinary Health
Enuresis	<ul style="list-style-type: none"> • Cowberry • Horsetail • Silver Birch Sap 	<ul style="list-style-type: none"> • Urinary Health
Prostatic Hypertrophy	<ul style="list-style-type: none"> • Black Currant • Giant Redwood • Oak • Oriental Plane Tree 	<ul style="list-style-type: none"> • Prostate Health
Prostatitis	<ul style="list-style-type: none"> • Black Currant • Giant Redwood • Oak • Oriental Plane Tree • Walnut 	<ul style="list-style-type: none"> • Prostate Health
Urethritis	<ul style="list-style-type: none"> • Black Currant • Cowberry • Crab Apple • Juniper • Purple Coneflower • Rosemary • Silver Birch Sap • Walnut 	<ul style="list-style-type: none"> • Urinary Health
Water Retention	<ul style="list-style-type: none"> • Beech • Black Currant • Dandelion • Dog Rose • Silver Birch Sap 	<ul style="list-style-type: none"> • Total Body Detox

URINARY *System*

(continued)

URINARY SYSTEM	SINGLES	COMPLEXES
Kidneys	<ul style="list-style-type: none">• Heather• Juniper• Maize• Milk Thistle• Silver Birch Seeds• White Birch Buds	<ul style="list-style-type: none">• Urinary Health

